



TOUCH RUGBY – Mixed

1. The game of touch has seven players with at least two players of each sex on the field at all times.
2. Each team must provide at least one person to act as a boundary umpire as required by the Event Coordinator.
3. A touchdown is awarded when a player other than the dummy half places the ball on the ground over the team's attacking score line and within the boundaries of the extended sidelines.
4. All penalties (except off-side) result in a change of possession, and begin with a roll-ball.
5. For offside, advantage shall be paid where possible, and if not, the touch count will start again, and the play will commence with a roll - ball.
6. On a roll-ball, the defence can only move forward once the dummy half has touched the ball.
7. Dummy half cannot score.
8. A touch is contact on any part of the body, ball or clothing.

EQUIPMENT AND SAFETY

- All equipment is supplied.
- **It is strongly recommended that mouth guards are worn during play.**