



## **CONTINUOUS CRICKET – Mixed**

1. A team will consist of up to eight (8) players with at least two (2) females. Teams with less than six (6) males cannot bat more than once to account for the lack of players
2. The rules will be as for Continuous Cricket.
3. Games will be played for 10 minutes batting, 1 minute change over and 10 minutes fielding. Total 21 minute games.
4. Tip and run – If the ball hits any part of the bat or hand, batters must run around the marker and back.
5. The batter is out if the ball hits the wicket; the ball is caught or the player deliberately uses their body to protect wickets etc.
6. Batters can run a maximum of 4 runs per hit (four times around the marker).
7. Play ceases when all batters have been dismissed or ten minutes expires.
8. Bowlers must bowl under arm.
9. Only the bowler can run out (or bowl) the batter.
10. Wides can be called and will result in 2 runs for the team batting
11. Deliberate time wasting will result in 10 points being deducted from your overall church score.

### **EQUIPMENT AND SAFETY**

- SYG will supply all equipment